

# Parental Controls Tips

**Your digital set-top box provides easy-to-use parental controls that allow you to block programming you feel is unsuitable for your family.**

## To use Parental Controls:

1. Set up a personal identification number (PIN) to block Digital Cable TV shows, movies and entire channels. Select "Setup" from the main menu to choose a PIN.
2. You can select locks to restrict viewing by rating or channel.
  - Highlight a program from your guide and press INFO on your remote.
  - At the bottom of the info screen, highlight LOCK and press OK. Lock out channel or ratings.
  - Press OK to exit the Lock Menu.
  - All listings you locked will show a lock indicator. Your PIN is required to unlock.

If you have Basic or Classic Service, you can block channels but not individual programs. Block a channel by entering your PIN.

If you have HD/DVR box, your programs will still record even if you blocked them. However, the video won't appear and audio will be muted during recording. A restricted notice will appear and you must enter your PIN to view the program during recording.

For more information go to [www.insightcom.com](http://www.insightcom.com). Click on HELP.

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